**Prophets of a Future Not Our Own**

This is what we are about:

We plant seeds that one day will grow.

We water seeds already planted, knowing that they hold future promise.

We lay foundations that will need further development.

We provide yeast that produces effects beyond our capabilities.

We cannot do everything and there is a sense of liberation in realizing that.

This enables us to do something, and to do it very well.

It may be incomplete, but it is a beginning, a step along the way, an opportunity for God’s grace to enter and do the rest.

We may never see the end results, but that is the difference between the master builder and the worker.

We are the workers, no master builders, ministers, not messiahs.

We are prophets of a future not our own.

*By Archbishop Oscar Arnulfo Romero*

7-19

**Christ Has No Body**

Christ has no body but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks compassion on this world,  
Yours are the feet with which he walks to do good,  
Yours are the hands, with which he blesses all the world.

Yours are the hands, yours are the feet,  
Yours are the eyes, you are his body.

Christ has no body now but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks compassion on this world.

Christ has no body now on earth but yours.

*By St. Teresa of Avila*

**Give Up Complaining**

Give up complaining; focus on gratitude.  
Give up pessimism; become an optimist.  
Give up harsh judgments; think kindly thoughts.  
Give up worry; trust Divine Providence.  
Give up discouragement; be full of hope.  
Give up bitterness; turn to forgiveness.  
Give up negativism; be positive.  
Give up anger; be more patient.  
Give up pettiness; become mature.

*Author Unknown*

7-20